



SOULS TRUTH HEALING

Workshop Outline for Circle of Life

Honouring the 3 stages of womanhood, from birth to death, through meditation and ritual. No matter what stage of your life you are at, this workshop will unveil the beauty of your journey through life as a woman, in order for you to embrace and cherish every moment.

Perfect for mothers and daughters to experience together.

INCLUDED

Guided meditations and rituals

Group discussion with tea ceremony

½ day

At your premises or mine.

Travel cost and min and max numbers may apply

Enquire re cost

All enquiries to louise@soulstruthhealing.com